

FREE GUIDED BIKE RIDES IN MILTON KEYNES

Date	Time	Ride	Location
Sunday 24 th May	10am	Caldecotte Lake – Waterways & Woodlands – 18 miler	Caldecotte Lake
Sunday 31 st May	10am	Willen Lake – Wildlife & Wilderness – 11 miler	Willen Lake
Sunday 7 th June	10am	Newport Pagnell – Eat, Drink & Ride – 10 miler	Roy Pinks Cycle Shop
Sunday 14 th June	10am	Newport Pagnell – Wildlife & Wilderness – 32 miler	Roy Pinks Cycle Shop
Sunday 14 th June	2pm	Willen Lake – Wildlife & Wilderness – 5 miler	Willen Lake
Sunday 21 st June	10am	Willen Lake – Wildlife & Wilderness – 11 miler	Willen Lake
Sunday 21 st June	2pm	Windmill Hill – Waterways & Woodlands – 5 miler	Windmill Hill Golf Centre
Sunday 28 th June	10am	Milton Keynes – Ride Around MK – 12 miler	Willen Lake
Sunday 5 th July	10am	Milton Keynes – Local Pride Route – 16 miler	Stantonbury Campus
Sunday 5 th July	10am	Windmill Hill – Wheel Around Winslow – 29 miler	Windmill Hill Golf Centre
Sunday 12 th July	10am	Woburn Sands – Wildlife & Wilderness – 28 miler	Stripes Bike Shop
Sunday 12 th July	2pm	Caldecotte Lake – Waterways & Woodlands – 3 miler	Caldecotte Lake
Sunday 19 th July	10am	Milton Keynes – Ride Around MK – 12 miler	Willen Lake
Sunday 19 th July	2pm	Willen Lake – Wildlife & Wilderness – 5 miler	Willen Lake
Sunday 26 th July	10am	Caldecotte Lake – Waterways & Woodlands – 18 miler	Caldecotte Lake
Sunday 26 th July	2pm	Caldecotte Lake – Waterways & Woodlands – 3 miler	Caldecotte Lake
Sunday 2 nd August	10am	Newport Pagnell – Eat, Drink & Ride – 10 miler	Roy Pinks Cycle Shop
Sunday 2 nd August	2pm	Windmill Hill – Waterways & Woodlands – 5 miler	Windmill Hill Golf Centre
Sunday 9 th August	10am	Willen Lake – Wildlife & Wilderness – 11 miler	Willen Lake
Sunday 9 th August	10am	Newport Pagnell – Waterways & Woodlands – 30 miler	Roy Pinks Cycle Shop
Sunday 16 th August	10am	Windmill Hill – Ride the Red Route – 15 miler	Windmill Hill Golf Centre
Sunday 16 th August	10am	Milton Keynes – Ride Around MK – 12 miler	Willen Lake
Sunday 23 rd August	10am	Caldecotte Lake – Waterways & Woodlands – 18 miler	Caldecotte Lake
Sunday 23 rd August	10am	Willen Lake – Wildlife & Wilderness – 11 miler	Willen Lake
Sunday 30 th August	10am	Newport Pagnell – Wildlife & Wilderness – 32 miler	Roy Pinks Cycle Shop
Sunday 30 th August	2pm	Willen Lake – Wildlife & Wilderness – 5 miler	Willen Lake

Key:	Easy-going (any age)	Steady (any age)	Steady (8yrs+)	Challenging (11yrs+)
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Sign up at goskyride.com